



The National Association of  
**Women in Construction**



## Cedar Rapids-Iowa City, IA

### News from the President

They say that March comes in like a lion and goes out like a lamb. NAWIC Chapter 160 certainly held true to that idiom this year. Our Chapter roared during WIC Week! I want to thank WIC Week Chair Angie Lippe and the committee for planning such an engaging week of activities and bringing more awareness to women in construction. I am very proud of what our Chapter accomplished this year – from sponsor gifts to leadership seminars to industry appreciation night to volunteering and socials – we went BIG this year! I can't wait to see what they plan next year.

We're ending the month a little quieter, just like the saying goes, but we're still quite active. We're hosting our monthly membership meetings, working on our outreach program, sending representatives to the Midwest Region Spring Forum and starting to plan our next big event, the annual golf outing.

Members can also expect to hear from the Nominating Committee soon. They will be seeking members who are interested in holding an office for 2023-2024. Please carefully consider how you might serve the Chapter next year. Board positions include President, President-Elect, Vice President, Treasurer, Secretary and Directors. More information about these opportunities will be included in the Nominating Committee's email but please don't hesitate to reach out to current Board Members with any questions.

Sincerely,

*Darby Winger*

President, Chapter 160

### THE PIPELINE

#### Chapter 160

#### Midwest Region

#### March 2023





## Upcoming Dates

### April

**April 4<sup>th</sup>** – General Meeting at 5:30 p.m. – Women Build Class: Spring Home Maintenance by Cedar Valley Habitat for Humanity. Advance registration is required. Please visit <https://cvhabitat.charityproud.org/EventRegistration/Index/11316> to register and pay the \$10 fee. We will meet at 1125 15<sup>th</sup> Street SE in Cedar Rapids. We will be outside for a portion of the class. Dinner meeting will follow at Vernon Bar and Grill, 2835 Mt. Vernon Rd SE.

### May

**May 2<sup>nd</sup>** – General Meeting and tour at 5:30 p.m. – Tour The University of Iowa Water Plant with Engie staff. We'll meet at the University Services Building, 1 West Prentiss in Iowa City. After the tour, we'll head back to University Services for our dinner and meeting. PPE will be required for the tour. Look for more details in future emails and WIC Weekly.

**May 4<sup>th</sup> - 6<sup>th</sup>** – Spring Forum in Rochester, MN

### June

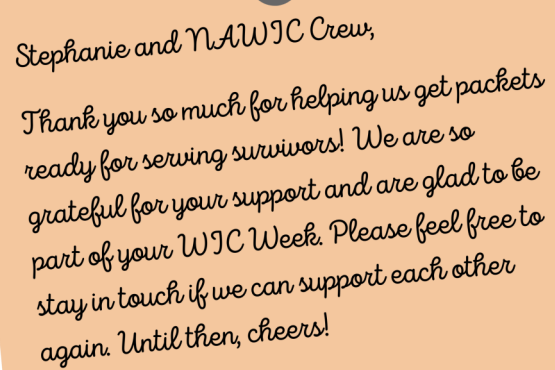
**June 6<sup>th</sup>** – General Meeting at 5:30 p.m. – Imposter Syndrome presentation by Kerry Dixon and golf outing prep at Climate Engineers, 3005 Robins Road in Hiawatha

**June 14<sup>th</sup>** – Annual Golf Outing at Wildcat Golf Course

### October

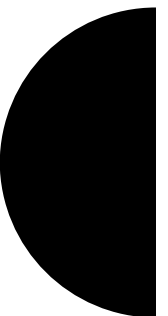
**October 4<sup>th</sup> - 6<sup>th</sup>** – Midwest Region Fall Conference at Hilton Garden Inn in Cedar Rapids

## NAWIC Members Give Back During WIC Week



Stephanie and NAWIC Crew,  
Thank you so much for helping us get packets ready for serving survivors! We are so grateful for your support and are glad to be part of your WIC Week. Please feel free to stay in touch if we can support each other again. Until then, cheers!

- Jade



# company spotlight



Climate Engineers is a local union sheet metal contractor that offers a wide range of services in the sheet metal industry with locations in Hiawatha, Cedar Rapids and Eldridge, IA. For 75+ years we have been delivering high-quality work throughout all stages of a project.

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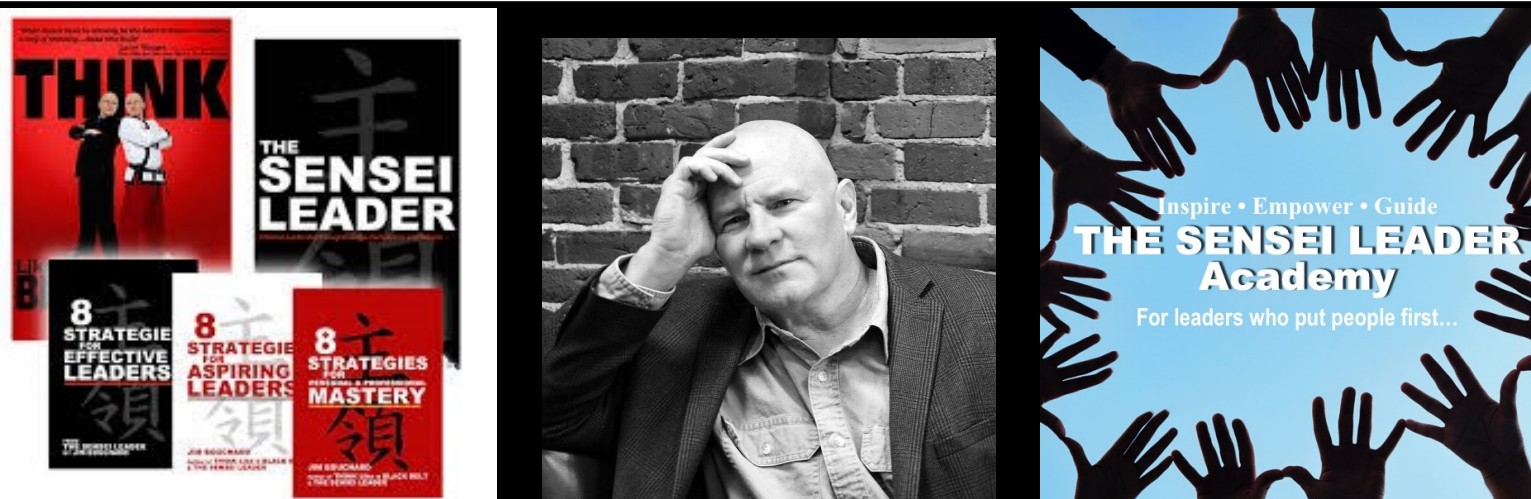
NAWIC Sponsors and Member Companies: If your company would like to be featured in an upcoming issue, please reach out to Darby Winger at [dwinger@iabuilder.com](mailto:dwinger@iabuilder.com). You can tell your company's story or share a recent project update. We want to see what's going on in our industry!



WIC Week 2023 in the Books







Many of you had the opportunity to see The Sensei Leader Jim Bouchard speak at Industry Appreciation Night this month. He has a very interesting background from which he guides individuals to become better leaders.

Jim was very grateful for the opportunity to share some of his wisdom. He has much more to offer than our speaking engagement allowed and he'd love to share more.

Here's your invitation to a one-month VIP Trial of THE SENSEI LEADER ACADEMY. This is a combination of live online coaching sessions, special events, on-demand courses, resources, discussions and networking dedicated human-centric leaders like you around the world.

Take a look at this short video explaining the program: <https://www.youtube.com/watch?v=XI-CoUEnWAs>

Ready to take the next step? Complete the Enrollment Application at: <https://bit.ly/SLA-VIPTRIAL>.

## Leadership Development Webinar by Floodlight Consulting Group

If you missed WIC Week's leadership development webinar by Floodlight Consulting Group, you missed a great presentation! No need to fret though. Director Michele Presley has provided a recording of the webinar at [https://us02web.zoom.us/rec/share/wJQYUUrI\\_pzWsLYzqo9BGcO1BpEovXHpnAi9RqjhNpPr6WP3D-dM2YKZSUdHA8b2.LKSr9CvhV-t1gQTQ](https://us02web.zoom.us/rec/share/wJQYUUrI_pzWsLYzqo9BGcO1BpEovXHpnAi9RqjhNpPr6WP3D-dM2YKZSUdHA8b2.LKSr9CvhV-t1gQTQ).

NAWIC ATLANTA | PD&E Series  
 Series 1 of 4-part Event Series

Wednesday, April 12, 2023

12:00 to 1:00 PM EST

NAWIC  
 The National Association of  
 Women in Construction

Atlanta, GA

# Blueprint Reading Series: BPR 100 - BEGINNER Level (Virtual) - Lunch N Learn

Part 1 of a 4 Part Series: Blueprint Reading  
 SERIES #1: Beginner Level

Blueprint Reading 100: Virtual  
 How the heck to do I read these things.....

Beginner Series:

Discussing parts of the "bid set"

- Basics: symbols, legend, layout, identification and verbiage
- Bid Set Breakdown:
  - A pgs,
  - S pgs,
  - MEP pgs.
- 100: for all & especially beginners (Virtual)
- 200: architectural / structural - building a foundation (Virtual)
- 300: MEP - all things: Air, Water, Utility. (Virtual)
- 400: Tying them all together (IN-Person at JE Dunn - Atlanta)

Zoom link will be sent upon registration.

**Register**

Members: Free

Non-members: \$10



**Tammi Hill**

**Principal Architect: JE  
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As Principal Architect within JE Dunn's industrial and manufacturing team, Tammi Bailey works closely with design partners from our project's earliest stages, providing input on employee experience, process flow, and efficiency.

Tammi has spent over 25 years in the design-build world and brings a unique understanding from both perspectives. She is instrumental in constructability reviews and ensuring that tie-ins to existing facilities are executed seamlessly. Tammi is also an expert in the design of distribution and cold storage facilities.

Visit [nawicatlanta.org](http://nawicatlanta.org) to learn more about our organization or contact Cait Lowe at [Cait@PrettyPrettyPrecon.com](mailto:Cait@PrettyPrettyPrecon.com) if you'd like to sponsor or host an upcoming event.



Thank you, 2023 sponsors!



Cedar Rapids-Iowa City, IA





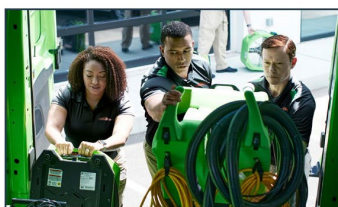
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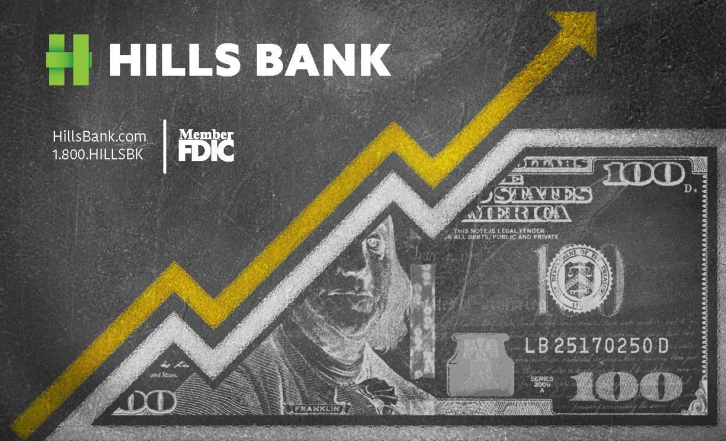
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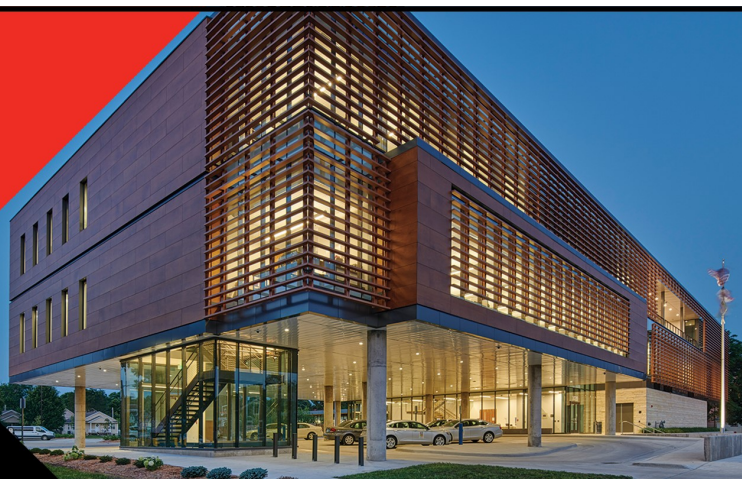


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## NAWIC Cedar Rapids/Iowa City Chapter #160 Membership Directory

<u>First Name</u>	<u>Last Name</u>	<u>Organization Name</u>	<u>Phone</u>	<u>Email</u>
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Carrie	Holecek			c@carrieholecek.com
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Karen	LaGrange	Climate Engineers, Inc.	(319) 533-8319	klagrange@climate-engr.com
Cindy	Lampe	ServiceMaster by Rice	(319) 365-9265	cindyl@smbryrice.com
Daryn	Lamprecht	UNI Student		darynsue@gmail.com
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Alexa	Martin	Braun Intertec		amartin@braunintertec.com
Megan	May	UNI Student		maymag@uni.edu
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Rebecca	Ray	SERVPRO of Iowa City/Coralville	(319) 853-1487	Bgrieder21@msn.com
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Ginger	Zenor	Rinderknecht Associates, Inc.	(319) 440-0556	gzenor@iabuilder.com



## Cedar Rapids-Iowa City, IA

### NAWIC Pledge

As a material for the construction of our building,  
I pledge the agility of my hands, the ability of my mind,  
and the integrity of my heart.

### 2022-2023 Chapter Officers

President: Darby Winger - Rinderknecht Associates

President Elect: Karen LaGrange - Climate Engineers

Vice President: Steph Heims - Miron Construction

Treasurer: Angie Lippe - ESCO Group

Secretary: Denise Carnahan - T&K Roofing & Sheet Metal Co Inc.

Directors: Michele Presley—Servpro, Kerry Dixon — Engie



**NAWIC** is an international association  
that promotes and supports the  
advancement and employment of  
women in the construction industry.

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