

Chapter 160

Midwest Region

March 2022

UPCOMING EVENTS

4/5— GM, 5:30PM @Rinderknecht with a tour.

4/21—4/24 NAWIC Midwest Region Forum in Sioux Falls, SD

5/3— Cedar Ridge Winery, 5:30PM, tour & gathering with a short GM.

6/7-GM-TBD

6/15- Golf Outing, Wildcat Golf Course in Shellsburg

7/12-GM-TBD

August—Summer Break

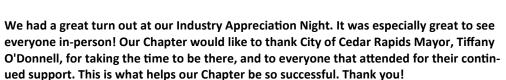
8/17-8/20—NAWIC 67th Annual Conference in Minneapolis, MN



Cedar Rapids-Iowa City, IA

News from the President

Happy Spring!



A big welcome to Becky Ray from Moxie Solar who is joining our Chapter. This puts us at 27 members; we have grown so much in the last 7 years! Please see Becky's information on the next page.

On Tuesday, April 5th we will have our General Meeting, as well as a tour, at the newly renovated Rinderknecht office. Thanks Darby for organizing this!

On Tuesday, May 3rd we will tour Cedar Ridge Winery to see how they make all of their yummy wines and whiskey! A short General Meeting will follow.

We would like to thank Jamie Johannsen for taking the time to attend the upcoming Midwest Region Forum on April 21st—April 24th.

Make sure to check out the newly updated NAWIC website: https://www.nawic.org

If you know of any women in the construction industry who might be interested in our organization, please have them contact me at stephanie.heims@miron-construction.com or Michele Presley mpresley@servpro.me.

Sincerely,

Stephanie C. Heims
President, Chapter 160







Upcoming Dates:

<u>April</u>

April 5 – @ 5:30PM. General Meeting, including a tour, of Rinderknecht's new building.

April 21-24th— Midwest Region Forum in Sioux Falls, SD.

<u>May</u>

May 3 – @ 5:30PM. Cedar Ridge Winery tour and gathering with a short General Meeting.

<u>June</u>

June 7— GM TBD

June 15 - Golf Outing, Wildcat Golf Course in Shellsburg.

<u>July</u>

July 12— GM TBD

August—Summer Break no GM

August 17th—20th NAWIC 67th Annual Conference in Minneapolis, MN.

New Member - Becky Ray!



Becky Ray, Moxie Solar

I manage the finance and accounting department. I come from a background in banking, cash management and accounting. We sell and install solar panels for both residential homes and commercial buildings. We currently have 3 locations and plan to expand this year. Our mission is to "OBSESSIVELY LEAD THE CHANGE TO A SUSTAINABLE WORLD" and we couldn't be more excited to take on that task! We are always looking for new faces with fresh energy to join our team bringing new ideas and initiative. I am very proud of my husband who works for Miron Construction, my two boys who work for Modern Piping and I have a daughter entering middle school. I am very excited to join such a wonderful strong group of women!

CHAPTER 160 2022 IAN





Awards from Industry Appreciation Night

5 Year Members

Nancy Birkicht Nicole Frake Stephanie Heims Michelle Riedinger Kyanna Saylor Kelly Towell-Barnes

15 Year Member

Darby Winger

Rookie of the Year

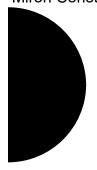
Michele Presley

WIC Member of the Year

Stephanie Heims

Industry of the Year

Miron Construction





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incredible silent auction items

complimentary appetizers

and the best part, entertainment from the dueling piano group, Fun Pianos!

DATE: Thursday, April 21

TIME: 3:30-6:30 p.m.

Social hour 3:15-4:15 p.m. Program 4:15-5:00 p.m. Fun Pianos 5:00-6:30 p.m.

LOCATION: Eastbank Venue & Lounge, Cedar Rapids

COST: \$50 per ticket or a table of 8 for \$400

Visit our website or check out our Facebook event page for more details. Tickets are on sale now!

| Alike us on the complete of the complete



RECIPE - Easy Easter Bark

Have a crackin' good **Easter** with this fun, marshmallow-topped chocolate bark.



Ingredients

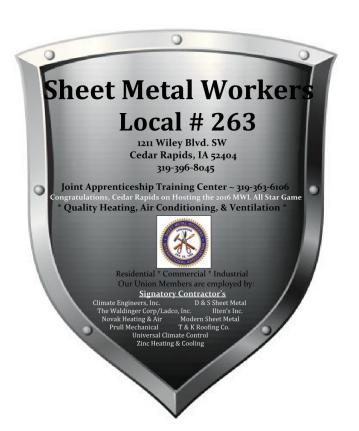
- 300 g approximately 10 oz milk chocolate, melted
- 300 g approximately 10 oz white chocolate, melted
- Speckled eggs/Candy eggs
- Crushed Easter eggs
- Sprinkles of your choice
- Mini marshmallows

Instructions

- 1. In a baking paper-lined tray/dish, swirl the two chocolates together
- 2. Sprinkle over all your toppings
- 3. Place in the fridge and set until firm
- 4. Break into pieces and serve—or wrap in a little decorated zip lock to hand out as a gift
- 5. Store in an air-tight container in the fridge

THE PIPELINE, March, 2022











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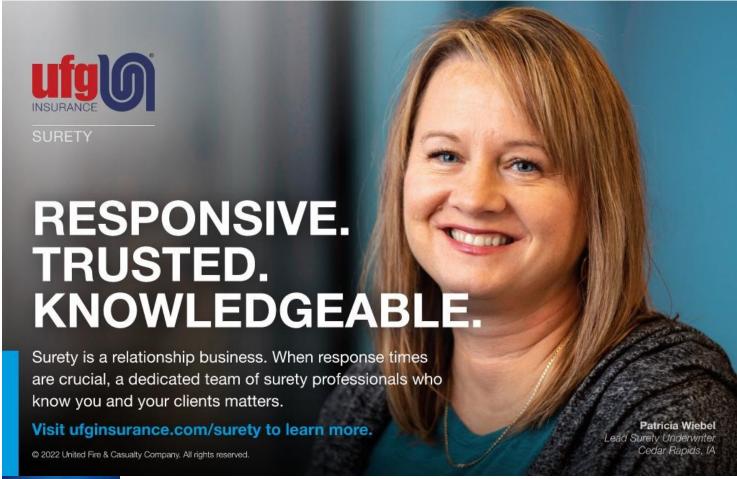


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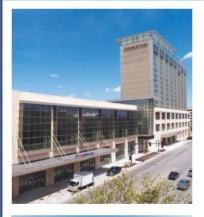




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Cedar Rapids-Iowa City, IA

NAWIC Pledge

As a material for the construction of our building,

I pledge the agility of my hands, the ability of my mind,

and the integrity of my heart.

2021-2022 Chapter Officers

President: Steph Heims - Miron Construction

President Elect: Darby Winger - Rinderknecht Associates

Vice President: Karen LaGrange - Climate Engineers

Treasurer: Angie Lippe - ESCO Group

Secretary: Denise Carnahan - T&K Roofing & Sheet Metal Co Inc.

Directors: Michele Presley—Servpro, Michelle Riedinger— Shive Hattery

NAWIC is an international association that promotes and supports the advancement and employment of women in the construction industry.



https://www.nawiccric160.org/